



NOR 1.1

**Arrival Health Check Self Attestation  
COVID-19 Requirement**

I, \_\_\_\_\_, skipper/person in charge of the yacht  
\_\_\_\_\_ do hereby certify that I and all crew members  
aboard have completed the self-health check as required in NOR 1.1.

By signing below I and each member of the crew do hereby attest that they;

- have taken their temperature and confirmed a temperature below 100.4 degrees Fahrenheit and,
- have no other COVID-19 symptoms at this time.

**Crew Signature required:**

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_  
5. \_\_\_\_\_  
6. \_\_\_\_\_  
7. \_\_\_\_\_  
8. \_\_\_\_\_  
9. \_\_\_\_\_

10. \_\_\_\_\_  
11. \_\_\_\_\_  
12. \_\_\_\_\_  
13. \_\_\_\_\_  
14. \_\_\_\_\_  
15. \_\_\_\_\_  
16. \_\_\_\_\_  
17. \_\_\_\_\_  
18. \_\_\_\_\_

\_\_\_\_\_  
Signature, skipper/person in charge

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name, skipper/person in charge